

Senior Collaborative Care Team



DOWN

LONELY

ISOLATED

LOW

DON'T CARE

GRUMPY

These can be signs of depression
and we are here to help.

Talk to your Primary Care Provider.

For Urgent or Emergency Situations, please call 911.



The Senior Collaborative Care Team is a partnership between Petaluma Health Center, West County Community Services, West County Health Centers, and the Sonoma County Human Services Department, Adult and Aging Division.

The goal of the Senior Collaborative Care Team is to help older adults (65 years and older) alleviate symptoms of depression through a caring treatment approach.

THE CARE TEAM PROVIDES

- Initial and ongoing assessment of symptoms of depression
- Education about depression
- Home visits with a Care Manager and routine phone follow-up
- Coordination of communication between all members of your Care Team
- Medication prescription and management
- Psychiatric consultation as needed
- Problem Solving Therapy/Healthy IDEAS and other counseling approaches
- Referrals to services as needed



THE PATIENT

- Participates in identifying service needs and developing a care plan to meet those needs
- Partners with the Care Team to promote well-being and decrease symptoms of depression
- Communicates with the Care Manager about any problems or concerns as they arise

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