Youth Resources

Health Services

**Forestville Teen Clinic** – West County Health Centers
*For youth up to age 26*
Confidential family planning, STD/HIV testing & treatment, pregnancy testing, emergency contraception, behavioral health counseling, peer education
6570 1st St. Forestville, CA 95436
(707) 887-0430
[https://www.wchealth.org/location/forestville-teen-clinic/](https://www.wchealth.org/location/forestville-teen-clinic/)

**Elsie Allen Teen Clinic - Santa Rosa Community Health**
*For youth up to age 19*
- Confidential family planning services: birth control, emergency contraception, pregnancy tests, STD testing
- Mental Health & General Health Services: immunizations, injuries, physicals, counseling services
(707) 583-8777
599 Bellevue Ave. G-17  Santa Rosa, CA 95407
[https://srhealth.org/location/elsie-allen-campus/](https://srhealth.org/location/elsie-allen-campus/)

Recreation Programs

**West County Community Services: Youth Programs**
Counseling services, Adventures for Kids summer program, summer job assistance
YEES- Youth Education & Employment Service: program assist disadvantaged youth make a successful transition to adulthood with education and employment opportunities.
(707) 823-1640
[https://www.westcountyservices.org/youth-programs/](https://www.westcountyservices.org/youth-programs/)

**Big Brothers/Big Sisters of Sonoma County**
For youth ages 6-18. Enrolled kids are matched with a trained, volunteer adult mentor
BBBS programs available throughout the Bay Area
(707) 258-6346
[www.bbbs.org](http://www.bbbs.org)

**Chops Teen Club**
After school & weekend activities for 7th-12th grade students –
Art, College & Career hub, culinary, leadership & development, music, sports & recreation, technology, gaming & more
(707) 284-2467
509 Adams St. Santa Rosa, CA 95401
[www.chopsteenclub.org](http://www.chopsteenclub.org)

**Sebastopol Community Cultural Center**
Teen club, kinder programs, camps, sports, ‘Parents Night Out’ events
390 Morris St. Sebastopol, CA 95472
(707) 823-1511

**Sebastopol Center for the Arts**
Youth Arts Education – classes & workshops (painting, ceramics, drawing, weaving & more)
(707) 829-4797
282 S. High St. Sebastopol, CA 95472
[www.sebarts.org](http://www.sebarts.org)
Youth Resources

Counseling & Social Services

**Alateen**
For teens 13-19 who have been affected by another person’s alcoholism - peer support, weekly meetings, coping skills, adult sponsors.
(707) 544-1300
alateencordinator@sonapal-anon.org
www.sonapal-anon.org

**Positive Images**
* Ages 12-24* LGBTQ+ youth and young adult weekly drop-in support groups, leadership development programs, social events
(707) 568-5830
www.posimages.org

**The Center for Social & Environmental Stewardship**
Environmental employment, social services, workforce development, and nature connection opportunities for disadvantaged youth and young adults.
(707) 838-6641
www.cfses.org

**Social Advocates for Youth (SAY)**
Mental health & counseling services, housing program, short-term teen shelter, job training, educational support
2447 Summerfield Rd. Santa Rosa, CA 95405
(707) 544-3299
www.saysc.org

**Teen Parent Connection – County of Sonoma Health Services**
Comprehensive case management for pregnant/parenting teens age 18 and younger
(707) 565-4494
https://sonomacounty.ca.gov/Health/Public-Health/Maternal-Child-and-Adolescent-Health/Home-Visiting/

**TLC Child & Family Services**
Young Adult housing: transitional housing program for young people ages 16-24
Journey Academy: Private high school for troubled teens
Services include: therapy, life-skills, high school academics, creative outlets, residential living facility, opportunities for real teenage experiences in a safe setting.
1800 Gravenstein Hwy N. Sebastopol, CA 95472
(707) 823-7300
www.tlcjourneyacademy.org

**Voices Youth Center**
Services for youth transitioning out of foster care, group homes, mental health and probation.
(707) 579-4327
www.voicesyouthcenter.org
Youth Resources

**Treatment Programs**

Drug Abuse Alternative Center (DAAC)
Outpatient programs & services for teens and youth with alcohol and drug problems.
- individual & group counseling, case management, life skills training, peer support
(707) 544-3295
www.daacinfo.org

**Volunteer Opportunities**

Volunteer Center of Sonoma County
Volunteer opportunities for teens who need community service hours for school, resume, or college applications.
See website for a full list of volunteer positions available in Sonoma County:
(707) 573-3399
https://cvnl.org/teen-volunteers/

**Athletics**

Sonoma County YMCA
Youth Programs include; after-school recreation, sports teams, fitness classes, gymnastics, swim lessons & more
Visit website for full list of youth programs available in Sonoma County
www.scfymca.org

National Academy of Athletics
Basketball, soccer, cheer & dance, volleyball, dodgeball, rugby, lacrosse, softball & more
https://www.nationalacademyofathletics.com/

**Baseball**
Santa Rosa American Little League: www.sral.org
Rincon Valley Little League: www.rvll.net
El Molino Little League (Forestville): www.elmolinolittleleague.org
Petaluma Valley Little League: www.petalumavalley.org
Mark West Youth Club Little League: www.markwestbaseball.com
Healdsburg Little League: www.healdsburgll.com

**Football & Cheerleading**
North Bay Youth Football & Cheerleading: www.nbyfc.com
Sonoma Football & Cheer: www.sonomajrdragons.com
Windsor Football & Cheer: www.windsorknights.com

**Soccer**
Santa Rosa Youth Soccer League: www.syrsl.org
Wesco Soccer League: www.wescosoccer.org
Santa Rosa United Soccer League: www.srunited.org