

a **SNAPSHOT**

Forestville Teen Clinic

New Year Edition 2018



Sexually Transmitted Infections (STIs) are on the rise in Sonoma County!



The rates of sexually transmitted infections such as chlamydia, gonorrhea and syphilis have been skyrocketing in Sonoma County since 2008 as the spread of HIV has slightly declined. The teen clinic works hard to help bring these numbers down.



What are we doing to help with rising STI rates?

We offer free & confidential STI testing (for 12-25 year olds) for the following STIs: chlamydia, gonorrhea, syphilis, HIV, Hep C, trichomoniasis, and herpes. If someone tests positive for an STI, we provide treatment and empower patients to communicate, teach, and treat their partners with the help of free "partner packs" for gonorrhea & chlamydia.

We educate patients in the clinic but also in the local schools. Our peer education program trains young people to serve as a resource for their peers. One of our priorities is teaching young people how to prevent STIs and how to get tested.

We are also able to provide PrEP (a medication taken daily to prevent HIV) to our patients. We offer free condoms & dental dams too!

Our Providers
(top to bottom)
Kyla Ehrenreich
Shari Kovner
Jerry Elliott
Emily Ramsey
Kathleen O' Brien



Have you been tested recently?



**West County
Health Centers**

Caring for our Communities

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Sexual Health Education in the West County Schools!

Our staff, including 15 high school students, teach sexuality education in the elementary, middle and high schools in Western Sonoma County. We teach 4th-12th grades and cover topics such as communication, relationships, navigating social media safely & appropriately, consent & refusal skills, decision making, birth control basics, sexually transmitted infections & how to prevent them (including HIV education) and more!!



Peer Educator Spotlight!

Miguel Lopez

Miguel is in his 2nd year as a Peer Educator. He is a junior at El Molino. Miguel is a star in our program and amongst his peers.

"I love KFC and working on my Buick. My hobbies are making music and working on cars. I joined the peer educator program to inform my homies on sexual health. I continue to be a part of the peer educator program as I believe it helps teens in our community."



Lila Heschen

Lila is in her 1st year as a Peer Educator. She is a junior at Analy. She is extra helpful when she is in the clinic and goes above and beyond her duties.

I want to travel the world and learn more about other cultures. I love going hiking and trying new foods. I am dedicated to being a peer educator because I get to work with others in a medical setting along with educating my community about their reproductive and mental health.

