February 2017

V-WOW Happenings

West County Health Centers
Caring for our Communities
a california health center
wchealth.org

Calendar

March 7 **Come Support or Donate!**
Give back Tuesday, 6-9pm at Rainbow Cattle Company, Guerneville. Potluck foods and/or raffle donations needed.

March 19 **Sebastopol Farmers Market 10-1:30**
Tabling at this community event to spread the word about WCHC and the services provided.

March 23 **Affordable Care Act's Anniversary**
Celebrate with us! More details to come.

March 27 **Volunteer Meeting 3-4:30 pm**
Meet with other volunteers, get up to date on WCHC happenings, and tour the newly renovated Forestville Wellness Center.

April 1 **Volunteers Needed!**
Forestville Fire Department Emergency Preparedness Fair. Help table and spread the word about WCHC.

April 22 **Marchers Needed!**
Apple Blossom Parade, Sebastopol: We meet early morning at Analy High School for this classic event. We'll have plenty of hot coffee and snacks to keep you warm and happy.

May 3 **Healthcare Advocates Needed!**
Day at the Capital 2016, Sacramento:
Join staff at WCHC's info table, attend event luncheon, and visit legislators, including Mike McGuire and Jim Wood.

May 6 **Walkers and Volunteers Needed!**
Human Race, Santa Rosa: Walk this 5K with our team or help at the WCHC booth. This is a huge and entertaining event– and its over by 11am.

May 21 **Sebastopol Farmers Market 10-1:30**
Tabling at this community event to spread the word about WCHC and the services provided.

* Coming soon: WCHC Volunteers at Russian River Farmers Markets on Thursdays from 3-7pm.

* Contact Becca to sign up for these opportunities: rhowell@wchealth.org

Happy Birthday!

*March: Cathy McCool and Caitlyn Thomasson

*April : Andy Brunner, Shayne Erwin, Michaela Garloff, Marsha Klapperman, and Janis Solbakken

Happy Anniversary!

(Volunteering with WCHC)

*March: Elaine Joyce (1)

*April: Andrea Baker (2), Andy Brunner (1), and Judi Connolly (3)

Marching into Spring

Tired of the rain yet? We have been hiding in our clinics and here is what has been happening:

* Health Center Hosts are welcoming patients, assisting with resources, offering patient satisfaction surveys, and conversing with patients. Sebastopol and Russian River clinics are filling up with these friendly people. Four new volunteer hosts started this month.

Judi, Lou, Becca and Janis

* Art in the Clinics– Local artist Kate William's work is now decorating the Russian River waiting room. Under the leadership of West County Health Center's Patient Family Council, V-WOWs Otto and Sally selected Kate's artwork as the first showing by a local artist. Artwork by local artists will be selected quarterly to brighten up Russian River's waiting room.

Sally, Otto and Kate

Now onto spring parades, marches, and connecting with the community. . .

* **Happy Anniversary ACA**! The Affordable Care Act's anniversary is Thursday, March 23rd. Let's celebrate! Plans are in the works for a West County celebration of the ACA and its impacted our families and community. How has the ACS helped you – or someone you care about? Share your story or simply show up and celebrate. Please contact Laura for more information.

* The **Human Race** on May 6th will be a fun day to support WCHC. Come walk, run, or see our booth. If interested in fundraising for the event please contact Becca.

To stay up to date with WCHC check out our website: http:// www.wchealth.org

To sign up for events, questions, or to refer a friend please contact:
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