

# **VWOW Happenings**



June 2017

## **Volunteer Highlight**

#### **Meet Cathy McCool!**

Cathy has been volunteering since January and is working with the Data Team in Sebastopol.



#### Cathy's Impact

With her nursing background she has been able to help with reviewing over 500 patient's charts for insurance reimbursements. Now she is working on a medical coding project. Both of these jobs help clean up WCHC's data system and relieve some of the time that staff can now take with patients. Cathy explains that she enjoys being able to see how she is making a difference and working with great staff.

#### Other Interests

Cathy enjoys her time with her 2 grandchildren, is an amazing quilter, and also volunteers at the Rural Food Program at St. Phillips Parish in Occidental.

#### **Volunteers Needed**

- \* Ceres Nutrition Class Aid Alternate 2nd and 4th Wednesday 10:15-12:15 at the Forestville
  Wellness Center
- \* Farmacy Produce Stand– Alternate– Thursdays 2:45-5:45 at the Forestville Wellness Center
- \* Health Center Hosts Sebastopol and Guerneville = AM or PM shift
- Data Entry at the Sebastopol Innovation Hub

If you or someone you know is interested in any of these opportunities please contact Laura or Becca.

#### **AIDS Walk**

Support WCHC at the AIDS walk in San Francisco on Sunday July 16th. Contact Becca if you are interested in signing up.

For more info: <a href="https://sf.aidswalk.net/">https://sf.aidswalk.net/</a>



#### **Introducing Foggy River Farm to the Farmacy**

- What is the Farmacy? This is a produce stand and CSA (Community Supported Agriculture) box drop off site that runs every Thursday from 3-5:30pm at the Forestville Wellness Center that is open to the whole community.
  - We are happy to announce that our Farmacy will be accepting **EBT/CalFresh** payment again along with cash and credit. When using CalFresh, boxes are half price and there is a buy **\$10** get **\$10** match price at the produce stand.

Order your CSA share today! <a href="http://www.foggyriverfarm.org">http://www.foggyriverfarm.org</a>



#### **Don't Miss the Annual Volunteer Party**

When: Friday July 28th 4-7pm

Where: Laura's House- 4601 Guerneville Road, Santa Rosa, 95401

**BBQ** and Bocce Potluck Party

Please RSVP by July 21st to Laura

## **Stumptown Daze Parade**

A group of WCHC volunteers and staff marched in the Stumptown Daze Parade in Guerneville on June 10th with spirit and spunk to let the community know we are here for them.



Left: The Fairy Team– Many laughs, kazoos, and fairy wings to fill the day.

Right: Gary (Finance Director) drawing up some friends for our march.





# **July**

Cynthia Skavdal

Diana Stapleton

#### <u>August</u>

Andrea Baker

**Ehme Hass** 

Karen MacKnight

Brenda Poston-Schaeffer



#### **July**

Robin Bowman (5 years!)

# To sign up for events, questions, or to refer a friend please contact:

\*Laura: 707-823-3204 Ext 6545 or lmoss@wchealth.org

\*Becca: 707-823-3204 Ext 6453 or rhowell@wchealth.org