Free counseling for young people!

Forestville Teen Clinic

Services are offered Mondays 1-5pm & Wednesdays 2-5pm. Our team sees young people (12-25 years old) at no cost! They can see young people alone or with a partner, parent or friend!

Some of the issues our team deals with include: depression, anxiety, family issues, relationship issues, alcohol/drug misuse, gender/sexuality exploration concerns, etc!

> During the summer, the teen clinic is an awesome place to hang out, come by put on a good Netflix show, grab some snacks and chill. As a peer educator, I complete small tasks and refresh my memory when it comes to sexual health information. The clinic staff

> > are always down to hang out. -Sadie Lewis, 17 on how she likes to spend her time at the clinic during the summer







Our **Providers**









Summer Edition 2018



NAPSHU

Peer Educator Spotlight: Lila!

Lila was named <u>Peer Educator of the Year (2017-18)!!</u> This is a big deal; we have never given an award like this before. Lila is an amazing young person. She worked above and beyond her peers in the clinic. She jumps into any project without complaint and has really made the Teen Clinic better! Lila is going to continue in our program this upcoming school year and we are so lucky to have her for a second year. Lila, we appreciate and love you!



<u>ANNOUNCEMENT</u>: FDA Approves PrEP for Young People at Risk for HIV

PrEP or Pre-exposure prophylaxis, is a way for people who do not have HIV but who are at risk of getting it to prevent getting it by taking a pill every day. This medication was approved in 2012 for adults but young people (under 18) could not access it. **Now young people can use PrEP!**



Our providers (at the teen clinic) can prescribe PrEP as long as the young person has insurance that will cover it. This is an exciting step forward in HIV prevention and allows another option in the fight against HIV.





West County Health Centers Caring for our Communities

a california **healtht** center