



Food and Clothing Resources

☺ = Spanish speaking agency

☺ **Food For Thought:** www.fffdbank.org 877-1647

Forestville. For HIV positive clients. No income requirements. Delivery available. Tues-Sat 10AM-5PM. Weekly groceries, vitamins/dietary supplements, and nutritional counseling.

☺ **Cal Fresh (Food Stamps Program):** 565-2715 or 1-800-331-2278

Program that provides extra money for food; you do not need to be on welfare to enjoy these benefits; all children born in the U.S. are eligible, no matter where their parents are from. **Can apply at West County Health Centers.**

Ceres Project: www.ceresproject.org 829-5833

7351 Bodega Ave Sebastopol Building healthy communities by restoring fresh, whole and organic food to its place as the foundation of health, and by connecting people in heart-centered ways to themselves, others and the earth.

Friends in Service Helping (FISH): 527-5151 or 578-8737

Sonoma County emergency food programs. M-F 10:30AM – 2 PM; Sat 10:30-12:00 noon

Mill Street Thrift Store: 869-8393

Good selection of children's and adult clothing, household items; located at 14075 Mill Street in Guerneville.

☺ **Meals-on-wheels:** councilonaging.com 525-0143

Program of the *Council on Aging* delivers meals to homebound seniors throughout Sonoma County.

☺ **Redwood Empire Food Bank:** www.refb.org 523-7900

Information and referral to distribution sites throughout Sonoma County.

☺ **Salvation Army Family Services: Emergency Food Assistance:** 542-0998

www.salarmysantarosa.org M-Th 10AM – 12 noon on Stony Point Circle

Seconds First Thrift Store: 869-2211

Affordable used clothing and household items; located at 16365 Main Street in Guerneville.

Sonoma County Council on Aging: www.councilonaging.com, 525-0143

Dining sites throughout the county provide hot meals to seniors/Reservation need 24 hrs in advanced.

Sutter VNA & Hospice Thrift Store: 824-4712

Affordable used clothing, furniture, household items; 748 Highway 116 (next to Albertson's) in Sebastopol.

☺ **WIC: Women, Infants, Children Nutrition Program 565-6590 or 1-800-816-3663**

Nutrition program for income-eligible pregnant or breastfeeding women and their children (under age 5); provides vouchers to buy healthy foods, nutrition education and counseling, support with breastfeeding, and referrals to other healthcare services regardless of immigration status.

West County Community Services: Emergency Food Bank: 869-0654

Call Thursday 9AM-12PM. 16390 Main St. Guerneville.