

Women's Health



☺ = Spanish speaking agency

☺ **Breast Cancer Survivor Assistance Program** www.cancer.org 1-800-227-2345 press 4

Free Custom-fit Bras, Wigs/Head Coverings, information, transportation, etc. for uninsured/underinsured women with breast cancer. Reach to Recovery Program matches patients with survivors.

☺ **Cancer Detection Program: Every Woman Counts** www.dhs.ca.gov/cancerdetection, 1-800-511-2300

Pays for breast and cervical cancer screening and diagnosis. Also provide services to reduce heart disease and stroke risk through WISEWOMAN Program. Free services are provided as long as income and age qualifications are met.

☺ **Family PACT** www.dhs.ca.gov/pcfh/ofp/Programs/FamPACT, 1-800-942-1054

For Sonoma County residents visit www.sonoma-county.org/health/ph/mcah/familyplanning.htm
Pays for Birth Control, Pregnancy testing, STD testing and treatment, sterilization, PAP smears; for women able to reproduce up to age 55 (and men who have not had vasectomies) who meet income qualifications.

National Eating Disorders Association: www.edap.org or www.myneda.org, 1-800-931-2237

Website offers extensive resources and referrals to local doctors, nutritionists, counselors, and inpatient/outpatient facilities that specialize in eating disorders;

Local support group: call Joan Thompson 778-7849 (1425 N. McDowell Blvd, Petaluma).

☺ **National Women's Health Information Center:** www.womenshealth.gov 1-800-994-9662

Reliable and current information resource on women's health today. Offers free women's health information on more than 800 topics through call center and web site. Breastfeeding help line with information.

☺ **Planned Parenthood of Santa Rosa – Santa Rosa Health Center** 707-527-7656

General women's health care includes birth control, emergency contraception, pregnancy testing, preventative reproductive/fertility health care, abortion services, Medi-Cal and most insurers accepted, sliding-scale for uninsured patients. (1140 Sonoma Avenue Building 3)

☺ **Santa Rosa Memorial Hospital -Family Birth Center:** 522-1544

Provides comprehensive pregnancy services; prenatal services include education, childbirth preparation, dietary counseling, lactation services (525-5212), breastfeeding classes, home-care nurses and intensive care nursery.

☺ **Sonoma County Maternal Health Department** www.sonoma-county.org/health/ph/mcah, 565-4552

Provides services and information to women regarding family planning, pregnancy care, health insurance, and expecting mothers with special needs; referrals to local agencies for those with substance abuse problems.

☺ **Sutter North Bay Women's Health Center:** 576-4800

Services include state-of-the-art mammography, osteoporosis screening, prenatal classes, breastfeeding assistance, support groups, genetic counseling and testing, counseling for pregnant diabetics, and an on-going health education series; located at 625 Steele Lane in Santa Rosa.

☺ **Women's Health Specialists:** www.womenshealthspecialists.org, 537-1171

Para Español 1-800-714-8151

General women's health care includes birth control, emergency contraception, pregnancy testing, preventative reproductive/fertility health care, abortion services, adoption referral, Medi-Cal/private insurance accepted.