

Local HIV/AIDS Resources & HIV Testing Sites:

☺ = Spanish speaking agency

☺ **West County Health Centers:** www.wchealth.org

WCHC offers the following to those infected with or concerned about HIV: Medical care, mental health services, dental care, medical HIV case management, and confidential HIV antibody testing. Call to set up an appointment:

Occidental: 874-2444

Russian River: 869-2849

Sebastopol: 824-9999

Forestville Teen Clinic at CASA for youth up to age 25: **887-0427** (drop-in, no appt. necessary)

Mondays, Tuesdays, Wednesdays, Thursdays, 2:30-5:30 – Free rapid HIV Tests

☺ **Vista Family Health Center:** 303-3600

☺ **Face to Face:** www.f2f.org, 544-1581

FREE services to individuals with HIV: case management, benefits counseling, emergency financial assistance, transportation, in-home care, housing assistance; HIV prevention and outreach; Specialty Latino services.

☺ **Food for Thought:** <http://www.fffdbank.org>, 887-1647

Free weekly groceries and nutritional supplements for people affected by HIV/AIDS.; Delivery services available; open Tuesday to Saturday 10 a.m.-5 p.m.; call for application.

☺ **Kaiser HIV Consult Team:** 571-4778, 393-4837

Medical Services for HIV-positive individuals; HIV support group; oversees testing; for Kaiser members but Medi-Cal and Medicare patients possible.

Lomi Psychotherapy Clinic: www.lomi.org, 579-0465 ex: 227

Free and low-cost counseling to people with HIV/AIDS; therapy groups and meditation classes; long-term low fees, sliding scale, Medicare and private insurance accepted.

Men's Peer HIV Group: 544-1581

A support group for men living with HIV. Tuesdays 6:30-8:30pm

Speaker's Bureau 544-1581

Program for those infected with and affected by HIV/AIDS to take part in a speaker training focusing on presenting health information and their individual stories as means for educating the community.

Low Cost/Free and Anonymous sites

Drug Abuse Alternative Center (DAAC) 2403 Professional Dr. 544-3295

Mondays 12:00 noon-5:30, drop in (suggested \$10 donation)

Fridays - Needle Exchange 5:30 – 8

Face to Face: 544-1581

873 Second Street

Tuesday 2-4pm (\$15 donations are appreciated to cover cost of test)